

BACK TO THE BASICS SANDWICH

ONLY \$5.00 EACH. All Sandwiches include White bread and your choice of Sauce. Nice and Simple!

- CAST IRON CAJUN FRIED BONELESS CHICKEN SANDWICH
- GRILLED, FRIED OR BLACKENED PORK CHOP SANDWICH
- CHOPPED TURKEY BBQ SANDWICH
- PULLED PORK BBQ SANDWICH

THE SWEET SOUTH

Our delicious desserts that will have you coming back for more and more!

- BANANA PUDDING.....\$4.00
- FAMOUS RED VELVET CAKE.....\$4.00
- IRMA JEAN'S COCONUT PINEAPPLE CAKE.....\$4.00
- SOUTHERN-STYLE PEACH COBBLER.....\$4.00
- CLASSIC SWEET POTATO PIE.....\$4.00
- CHOCOLATE OBSESSION CAKE.....\$4.00
- STRAWBERRY LEMONADE CAKE.....\$4.00
- BANANA PUDDING CAKE.....\$4.00

OUR DAILY SPECIALITY DISHES

A new favorite dish every day!

MONDAY: SHRIMP AND CHEESE GRITS

Try this combination only if you're ready for an explosion of flavor in your mouth!

TUESDAY: CREOLE CHICKEN

Just a plate of tomato deliciousness. "Have me making up my own words".

WEDNESDAY: TURKEY MEATLOAF

Everybody makes traditional Meatloaf, why not step it up a notch and make it healthy and good.

THURSDAY: KK ETOUFFEE

Don't Smack your mama, it's not her fault for this stewed pot of rich goodness.

FRIDAY: BBQ SHRIMP

Real New Orleans Style Barbecued Shrimp usually found only in the Big EZ....until NOW!

SATURDAY: STEVE'S FAMOUS CHICKEN & WAFFLES

Home style waffles paired with our flavorful crisp fried chicken, Roscoe who?



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550 CONGRESS AVENUE
NEW HAVEN, CT
(203) 495-8400

CATERING@CASTIRONSOUL.COM
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Monday-Friday: 11:30-9:00
Saturday: 1:00-10:00
Sunday: CLOSED

APPETIZERS

KK'S JUMBO LUMP CRAB CAKES.....\$10.00
Maryland Lump Crab Cakes served with a chipotle aioli.
This will be your new favorite!

LEO'S HUSH PUPPIES.....2 FOR \$1.00
Southern favorite deep fried and served hot with onion
jam

JODI'S CAJUN STEAMED SHRIMP.....10PC FOR \$11.00
If you ever been to a shrimp boil in Louisiana than you
know this is shrimp heaven.....for real!

FRESH FRIED OYSTERS.....MARKET PRICE
Deep fried oysters with tartar sauce hot sauce and
lemon.....where's the beer?

WINGS

Dipping Sauces: Ranch, Blue Cheese, Garlic Crème, and Chipotle Ranch. Extra dipping sauce 50 cents.

OUR 12 WING FLAVORS.....\$6.50 (10 PIECE)

BUFFALO
HONEY BBQ
MEMPHIS DRY RUB
NOEL CARIBBEAN
CAJUN
HAWAII

TERIYAKI
HONEYAKI
DAT FIYA (HOTTEST)
HONEY HOT
CHINA TOWN
SWEET GOLD

THE "BEST" RIBS.....1/2 RACK (6 BONES) \$10.00
Smoked dry rubbed ribs lightly coated in our own BBQ
sauce, watch your fingers when you eat these!

**CHICKEN & ANDOUILLE GUMBO.....CUP \$5.00/
BOWL \$7.00**

BIRDZ & BONEZ.....\$12.00
4 bones and 6 wings (whatever kind your little heart
desires) A combination of two of our favorites, so you
don't have to choose!

VETTE'S CLASSIC FRIED WINGS.....\$5.00 (8 PIECE)

LEAFY GREENS

Dressing Choices: House, Caesar, Ranch, and Blue Cheese. Extra dressing is an additional 50 cents.

PRINCE DJ'S CAESAR SALAD.....\$6.00
Crisp romaine lettuce, house-baked croutons and
Parmesan cheese tossed evenly with our creamy Caesar
dressing.

BIG JEN'S BLACKENED SALMON SALAD.....\$11.00
Our famous blackened salmon seared to perfection over
a bed of crisp greens, sweet tomatoes, fresh cukes, diced
onion, shredded jack cheese, honey roasted pecans and
fresh fruit.

COOL YA LID

CAN SODAS.....\$1.00

BOTTLED WATER.....\$1.25

**FRESH BREWED SWEET ICE TEA.....\$1.75/ \$5.00
PITCHERS (PITCHERS FOR DINE-IN GUEST ONLY)**

**DAVIE'S SWEET SUMMER STRAWBERRY
LEMONADE.....\$1.75/ \$5.00 PITCHERS
(PITCHERS FOR DINE-IN GUEST ONLY)**

ASSORTED SNAPPLE'S.....\$2.00

FISH FRY DINNERS

Served with your choice of one side & Curly Fries, fresh tartar sauce & lemons.

- FRIED WILD GULF SHRIMP.....\$16.00
- FRIED OYSTERS.....MARKET PRICE

- FRIED WHITING FISH.....\$12.00
- FRIED CLAMS.....\$13.00

PO BOYS

Your choice of Fresh Fish piled high on toasted French bread with our garlic aioli, crisp greens, sweet sliced Tomato
and lemons. Add cheese for just 50 cents more!

- FRIED WILD GULF SHRIMP.....\$9.00
- FRIED OYSTERS.....MARKET PRICE
- BLACKENED CATFISH.....\$8.00

- FRIED WHITING FISH.....\$6.00
- FRIED CLAM STRIPS.....\$7.00
- FISH CHOICE OF THE DAY.....MARKET PRICE

SIDE ORDERS

Served with white bread, tartar sauce and lemons

- FRIED WILD GULF SHRIMP.....\$9.00
- FRIED OYSTERS.....MARKET PRICE
- FRIED CATFISH.....\$6.00

- FRIED WHITING FISH.....\$5.00
- FRIED CLAM STRIPS.....\$6.00
- FISH CHOICE OF THE DAY.....MARKET PRICE

PICK YOUR PLATE

WE DON'T CHOOSE, YOU DO! Pick your Smoke House or Specialty Entrée and any two sides served with
our signature honey-butter cornbread. Extra Cornbread 50 cents each.

THE FAT BOY.....\$16.00
Includes 2 Entrée Choices and any four sides.

LARGE.....\$13.00

SMALL.....\$10.00

THE KENZIE KID'S PLATE.....\$7.00
Ages 10 & Under

- "THE BEST" BBQ PORK SPARE RIBS
- CAST IRON CAJUN FRIED CHICKEN
- PULLED PORK BBQ
- CREOLE ROASTED CHICKEN
- BIG JEN'S BLACKENED SALMON*

- MARINATED STEAK TIPS WITH ONIONS
- GRILLED, FRIED OR BLACKENED PORK CHOPS*
- SEAFOOD JAMBALAYA
- CHOPPED TURKEY BBQ
- BLACKENED SHRIMP*
- BLACKENED CATFISH*
*Items indicate \$1.00 more

SIDE OF THE ROAD

SMALL:\$3.00 / LARGE:\$4.00

- 5 CHEESE BAKED MAC N CHZ
- CANDIED SWEETS
- HOME-STYLE POTATO SALAD
- THE BEST DAMN RED BEANS!

- DUO OF GREENS
- SWEET CAJUN GREENS BEANS
- CAST IRON CAJUN CURLY FRIES
- SEASONED FRIED OKRA

Chef Steve, Pastry Chef Shayla will gladly try to Accommodate any dietary needs while still satisfying and their
Crew Will Gladly Try To Accommodate Any Dietary Needs. Thoroughly Cooking Meat, Poultry, or Fish Greatly
Reduces The Risk of Food Born Illness.